

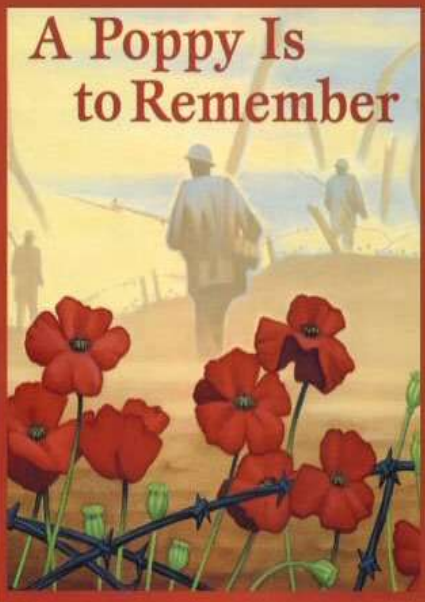














~~~ PLEASE SCROLL DOWN TO SEE ~~~

# **November 2018 ACTIVITIES**

# Bella Senior Care Residence-November 2018

| SUNDAY                                                                                                                                                                                                                                                                                     | MONDAY                                                                                                                                                                                                                                                                                                                                                | TUESDAY                                                                                                                                                                                                                                                                                                                                                                                              | WEDNESDAY                                                                                                                                                                                                                                                                                                                                                                                                                           | THURSDAY                                                                                                                                                                                                                                                                                                                                                                                                | FRIDAY                                                                                                                                                                                                                                                                                                                                                                                              | SATURDAY                                                                                                                                                                                                                                                                                                                                  |
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|                                                                                                                                                                                                            | <p style="color: red; font-weight: bold;">DONATIONS OF CHRISTMAS ITEMS AND BAKED GOODS ARE STILL NEEDED!</p>  <p style="color: red; font-weight: bold;">PLEASE SPEAK WITH RECREATION STAFF IF YOU WISH TO DONATE @ EXT. 728</p>                                      |                                                                                                                                                                                                                                                                                                                    | <p style="color: red; font-weight: bold;"><u>OUTINGS</u></p> <p style="color: red; font-weight: bold;">November 6th<br/>CASINO NIAGARA &amp; LUNCH</p>  <p style="color: red; font-weight: bold;">November 30th<br/>RED LOBSTER</p>                           | <p>1<br/>10:00-Group Experience With Daycare (V) (DC)<br/>11:15-Towel Folding (FL)<br/>1:15- Baking (V)<br/>1:45-Euchre (CR)<br/>3:00- What's That Sound? (W)<br/>4:00- Matching (LL/L)<br/>6:15- Aromatherapy (W)<br/>6:15-Bazaar Crafts (RR)</p>                                                                                                                                                      | <p>2<br/>10:00- Freeze Dance with Daycare (LL)<br/>11:15-Towel Folding (FL)<br/>1:30- Short Stories (V)<br/>2:00- Roman Catholic Communion (CR)<br/>3:00 Card Games (W)<br/>3:30- Scattogories (V)<br/>4:00 Ipad Games (L)<br/>6:15- Read to Me (W)<br/>6:30 Baking (F/O)</p>                                                                                                                       | <p>3<br/>8:30- Breakfast Club(LL)<br/>11:00- Remembrance Day Crafts (RR)<br/>11:00- Sharpen your Senses (V)<br/>2:00- BINGO (CR)<br/>3:00- Manicures (W)<br/>3:15- Caring for our Feathered Friends (L)<br/>3:15- Horticulture Fun(F)<br/>3:15- Read to me (O)<br/>6:15- Doll Therapy (W)</p>                                             |
| <p>4<br/>9:30- Baking</p>  <p>9:30- Craft (RR) (F/O)<br/>11:15- Hymn Sing (CR)<br/>1:30-Hot Chocolate Bar(FL)<br/>3:15- Pet Therapy (L/LL)<br/>3:00- Connect The Dots (W)<br/>6:15- Snoezelen Room(W)</p> | <p>5<br/>10:00- Creative Experience with Daycare (RR) (F)<br/>11:15-Towel Folding (FL)<br/>2:00- Anne on Piano (CR)<br/>3:15- Uno (L/LL)<br/>3:00- Match It (W)<br/>4:00- Baggo(O)<br/>6:15- Sing along (V)<br/>6:15- Fold and Sort (W)<br/>6:30- Euchre (CR)</p>  | <p>6<br/>10:00- Toddler Time with Daycare (O)<br/>10:00- Casino Niagara and Lunch Outing</p>  <p>11:15- Bible Study (CH)<br/>11:15-Towel Folding(FL)<br/>2:00 – Interactive Story (CR)<br/>5:00- Pizza Movie Night (CR)</p>  | <p>7<br/>10:00- Daycare Walks (V/W)<br/>10:00- Therapy Dog Visits<br/>11:15- Towel Folding (FL)<br/>12:15- 2<sup>nd</sup> Floor TAKE OUT Luncheon (CR)</p>  <p>2:00- BINGO (CR)<br/>3:30 UNO (F/O)<br/>3:45- BeLeaf Art (W)<br/>4:00- Fruits and Vegetables Card Game (LL)<br/>4:00- Word Games(L)<br/>6:30- Pubnight with GARY SMITH (CR)</p> | <p>8<br/>10:00-Group Experience With Daycare (DC) (LL)<br/>11:15-Towel Folding(FL)<br/>1:30- Baking (L)<br/>1:45- Cranium Crunchers(F)<br/>3:00- Wash &amp; Wipe (W)<br/>3:00 Card Bingo(O)<br/>3:30-Seven's (V)<br/>6:15- Meditation Hr (W)<br/>6:15 Making Poppies(O/F)</p>  <p>6:30- Sentimental Journey(L)</p> | <p>9<br/>9:45- Sing Along (V)<br/>10:00- Coloring with Daycare (CR)(O)<br/>11:15-Towel Folding(FL)<br/>1:30- BAKING (LL)<br/>2:00- Senior Science (CR)</p>  <p>3:15- Jenga (W)<br/>4:00- Poppy Collage (L)<br/>4:00- Mega Formers (F)<br/>6:15- Soulful Reading (W)<br/>6:30-Hot Cider &amp;Stories (L/LL)</p> | <p>10<br/>8:30- Men's Breakfast Club (CR)<br/>11:00- Crosswords (F)<br/>11:00- Hand Massages (V)<br/>2:00- BINGO(CR)</p>  <p>3:00-Memory Match(W)<br/>3:15- Caring for our Feathered Friends (LL)<br/>3:15- Trivia (O)<br/>6:15- Pet Therapy (W)</p> |

**CODES: HOME AREAS AND THEIR LOCATIONS**







(W) Willoughby Hall 1<sup>st</sup> Floor  
 (V) The Vineyard 1<sup>st</sup> Floor  
 (L) The Legends 2<sup>nd</sup> Floor

(LL) Lundy's Lane 2<sup>nd</sup> Floor  
 (O) The Orchards 3<sup>rd</sup> Floor  
 (F) The Falls 3<sup>rd</sup> Floor

(CH) Chapel 3<sup>rd</sup> Floor  
 (CR) Celebration Room 3<sup>rd</sup> Floor  
 (RR) Rec Room 3<sup>rd</sup> Floor

(OC) Outdoor Courtyard 1<sup>st</sup> Floor  
 (FL) Front Lobby 1<sup>st</sup> Floor  
 (HR) Horticulture Room 3<sup>rd</sup> Floor



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| <p><b>11</b><br/>8:30- Breakfast Club (F)<br/><b>10:45- Remembrance Day Service (CR)</b><br/><br/>1:30- Tim Horton's Social(FL)<br/>3:00- Poppy Painting (W)<br/>3:00- Trivia (L)<br/>3:15- Busy Hands (V)<br/>6:15- Spa (W)</p> | <p><b>12</b><br/>10:00- Creative Experience with Daycare (RR) (V)<br/>11:00- BANGO (F)<br/><b>11:15- Towel Folding (FL)</b><br/><b>2:00- Polar Bear cookies (L)</b><br/><br/>3:00- Winter Craft (W)<br/>4:00- I-pad Funnies (LL)<br/>4:00-Chicken soup For The Soul Social (F/O)<br/><b>6:15- Craft (RR)</b><br/>6:15- Laundry Time (W)</p> | <p><b>13</b><br/>10:00- Toddler Time with Daycare (W)<br/><b>11:15- Bible Study (CH)</b><br/><b>11:15- Towel Folding (FL)</b><br/><b>2:00- BIRTHDAY PARTY with BRAD BOLAND(CR)</b><br/>4:00- Word Games (V)<br/>6:15- Trivia Night (F/O)<br/>6:15- Games Night (L)<br/></p> | <p><b>14</b><br/>10:00- Daycare Walks (L/LL)<br/><b>11:15-Towel Folding (FL)</b><br/><b>1:30- Baking (V)</b><br/><b>2:00- BINGO (CR)</b><br/><br/>3:30- Mindful Math (W)<br/>4:00- Horticulture fun (F/O)<br/>4:00- Memory Game (L)<br/><b>6:30- PUBNIGHT with BRIAN JERROM (CR)</b></p> | <p><b>15</b><br/>10:00-Group Experience with Daycare(V)<br/><b>11:15-Towel Folding (FL)</b><br/><b>2:00- Cider Social (CR)</b><br/><br/>3:00- Bean Bag Toss (W)<br/>6:15- Movie Night (W)<br/>6:15- Hot Chocolate Social(O/F)<br/>6:30- Sing Along (LL/L)</p>                                                            | <p><b>16</b><br/>10:00- Trivia (LL)<br/>10:00-Simon Says with Daycare (CR) (V)<br/><b>11:00- ROMAN CATHOLIC MASS (CR)</b><br/><b>11:15-Towel Folding (FL)</b><br/>1:45-4 Pics One Word (V)<br/>1:45- Crosswords (F/O)<br/><br/>3:00- Table Tennis (W)<br/>3:45 Balloon Toss (L)<br/>6:15- Doll Therapy (W)</p> | <p><b>17</b><br/>8:30- Breakfast Club (O)<br/><br/><b>11:00- Top Ten (CR)</b><br/>11:00- Word Game (V)<br/><b>2:00- BINGO (CR)</b><br/>3:00- Hot Chocolate Social (W)<br/>3:15- Hort. Therapy (V)<br/>3:15- Caring for our Feathered Friends (L)<br/>3:15- Adventure Time (F)<br/>6:15- Hand Massages (W)</p> |
| <p><b>18</b><br/><b>9:30- Baking (LL)</b><br/><b>11:15- Hymn Sing (CR)</b><br/><b>1:30-Butter Rum Social (FL)</b><br/>3:00- Who Am I? (W)<br/>3:15- Snoezelen (V)<br/>6:15- Sing Along (W)<br/></p>                            | <p><b>19</b><br/>10:00- Creative Experience w/daycare(RR) (F)<br/><b>11:15-Towel Folding (FL)</b><br/><b>1:30-Baking (O)</b><br/><b>2:00- ANNE ON PIANO (CR)</b><br/>3:00- Parachute Fun (W)<br/>6:15- Reminisce: School Days (V)<br/>6:15- Sort and Fold (W)<br/><b>6:30- Euchre (CR)</b></p>                                                                                                                               | <p><b>20</b><br/>10:00-Stories with Daycare (V)<br/><b>11:15- Bible Study (CH)</b><br/><b>11:15- Towel Folding (FL)</b><br/><br/>1:15- Montessori (LL)<br/>2:45- Memory Game (F)<br/>4:00- Pictionary (O)<br/>6:30- Bango (L)</p>                                          | <p><b>21</b><br/>10:00- Daycare Walks (F/O)<br/><b>10:00- Therapy Dog Visits</b><br/><b>11:15- Towel Folding (FL)</b><br/>1:45- Name Ten(O)<br/><b>2:00 – BINGO (CR)</b><br/>3:45- Balloon Toss (W)<br/>3:15 Junk Drawer Detective(V)<br/>3:45- Mini Putt (F)<br/>4:00-Flight of Frankels (L/LL)<br/><b>6:30- PUBNIGHT with DAVE BURDEN(CR)</b></p>                         | <p><b>22</b><br/>10:00- Group Experience with Daycare (DC)(L)<br/><b>11:15-Folding Towels (FL)</b><br/>1:45-Crosswords(O/F)<br/>3:15- Hand Massages (V)<br/>6:15- Sing-A-Long (W)<br/>6:15 Doll Therapy (LL)<br/>6:30- Humour Therapy (L)<br/></p>                                                                     | <p><b>23</b><br/>10:00-Move &amp; Groove(F/O)<br/><b>11:15-Towel Folding (FL)</b><br/>3:00- Chair Yoga (W)<br/><br/>6:15- Movie Night (W)<br/>6:30- Timeless Trivia (LL/L)</p>                                                                                                                                | <p><b>24</b><br/><b>CHRISTMAS BAZAAR!!</b><br/><b>10:00am to 3:00pm</b><br/><br/><b>Front Lobby and Third Floor</b><br/><b>SANTA'S COMING 11:00am to 1:00pm</b></p>                                                                                                                                          |
| <p><b>25</b><br/><b>11:15- Hymn Sing (CR)</b><br/><b>1:30- Milkshake Social (FL)</b><br/>3:00- Glamour Circle (W)<br/>3:00-Balloon Toss (L/LL)<br/>6:15- Pretty Puzzles (W)<br/></p>                                          | <p><b>26</b><br/>10:00- Creative Experience with daycare (RR) (F)<br/><b>10:00- Resident Council (CR)</b><br/><b>11:15- Folding Towels (FL)</b><br/><b>1:45- Movie Matinee(CR)</b><br/>3:00- Table Tennis (W)<br/>3:15- Doll Therapy (O)<br/>3:15-Horoscopes (V)<br/>4:00- Word Games (L/LL)<br/>6:00- Friendly Visits (W)<br/>6:15- Pet Therapy (V)</p>                                                                     | <p><b>27</b><br/><b>"It's the most wonderful time of the year"</b><br/>It's time for <b>Christmas Decorating</b><br/><b>Come on out and join the Recreation Girls while they decorate your Home Area.</b><br/></p>                                                        | <p><b>28</b><br/>10:00- Daycare Walks (V/W)<br/><b>11:15-Towel Folding (FL)</b><br/><b>2:00-Quarter BINGO (CR)</b><br/><br/>3:30- Megaformers (W)<br/>3:30 Finish that Nursery (V)<br/>3:45- Manicures (L)<br/>4:00- Poems (LL/L)<br/><b>6:30- PUBNIGHT with CHICO (CR)</b></p>        | <p><b>29</b><br/>10:00- Group Experience with Daycare (DC) (LL)<br/><b>11:15- Towel Folding (FL)</b><br/><b>2:00- Travelogue to Greenland (CR)</b> <br/>1:45- Ring Toss(F)<br/>3:00- BINGO (W)<br/>3:00 Cranium Crunchers (O)<br/>3:30- Spelling Bee (V)<br/>6:15- Treasure Hunt (W)<br/>6:15 Roll a Snowman (O/F)</p> | <p><b>30</b><br/>10:00- Basketball With Daycare (V)<br/><b>11:15-Towel Folding (FL)</b><br/><b>11:30- Red Lobster Lunch Outing</b><br/>2:00- Snowflake Craft (F)<br/>3:00- "Stretch It Out" (W)<br/>4:00-Happy Hour (O)<br/>6:15- Winter Colouring (W)<br/>6:15- Name Ten (L/LL)</p>                                                                                                              | <p><b>BELLA'S ANNUAL CHRISTMAS BAZAAR</b><br/><b>SATURDAY NOVEMBER 24 FROM 10AM-3PM</b><br/><b>COME ON OUT AND SUPPORT OUR RESIDENT'S COUNCIL!</b></p>                                                                                                                                                                                                                                           |

# November Special Events:

**November 4<sup>th</sup>...Hot Chocolate Bar**

**November 6<sup>th</sup>...Pizza & Movie Night**

**November 11<sup>th</sup>...Remembrance Day Service**

**November 11<sup>th</sup>...Tim Horton's Social**

**November 12<sup>th</sup>...Polar Bear Cookies**

**November 12<sup>th</sup>...Chicken Soup For The Soul Social**

**November 13<sup>th</sup>...Birthday Party**

**November 14<sup>th</sup>...Pub Night with Brian Jerrom**

**November 15<sup>th</sup>...Cider Social**

**November 18<sup>th</sup>...Butter Rum Social**

**November 21<sup>st</sup>...Pub Night with Dave Burden**

**November 24<sup>th</sup>... CHRISTMAS BAZAAR!**

**November 25<sup>th</sup>...Milkshake Social**

**November 28<sup>th</sup>...Pub Night with Chico**

**November 29<sup>th</sup>...Travelogue to Greenland**



# **November Worship Services:**

**November 2<sup>nd</sup>  
Roman Catholic Communion**

**November 16<sup>th</sup>  
Roman Catholic Mass**

Please join us every Sunday morning at 11:15am in the  
Celebration Room for our Hymn Sing



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[www.bellaseniorcare.com](http://www.bellaseniorcare.com)

### RESTORATIVE SERVICES/PROGRAMS

We believe that each resident at Bella Senior Care Residence has the right to be involved in his or her care, make decisions, and to have the services available to him or her to maintain the highest level of mental, physical, and psychosocial function he or she desires. This involves the recognition of each individual's uniqueness, and his or her capabilities and possibilities, despite some impairment or disability.

Restorative Nursing includes the prevention of complications, teaching lost skills or teaching a new way of doing useful skills, preventing decline, teaching the use of assistive devices and maintaining existing functional ability.

Restorative Procedures involve the skills needed for daily living called Activities of Daily Living (ADLs). ADLs include communication, eating, grooming, dressing, bathing, walking, transferring and toileting. Our goal is to enable each resident to become as independent as possible.

This is a basic change in our philosophy of providing Restorative Services to our residents. Restorative Programs are now provided to each resident based upon their specific needs and desires. Residents are assessed by our Restorative Care Team and individualized programs are put in place to assist the resident to reach their highest level of functioning. The Restorative Programs are offered to residents on a daily basis based on their assessed needs.

Our Restorative Team includes:

- Restorative Nurse
- 2 full time Restorative Aides
- 2 part time Restorative Aides

If you have questions about restorative services being offered please speak with the Team Leader or the Restorative Care Staff.

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