




~~~ PLEASE SCROLL DOWN TO SEE ~~~

# **April 2018 ACTIVITIES**



# APRIL 2018



| SUNDAY                                                                                                                                                                                                                                                                                                 | MONDAY                                                                                                                                                                                                                                                                                                                                                                                                      | TUESDAY                                                                                                                                                                                                                                                                                                                                                                                                                                             | WEDNESDAY                                                                                                                                                                                                                                                                                                                                                                                                                  | THURSDAY                                                                                                                                                                                                                                                                                                                                                                                                                                 | FRIDAY                                                                                                                                                                                                                                                                                                                                                                                                               | SATURDAY                                                                                                                                                                                                                                                                                                                                                                                                                                   |
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| <p><b>1 April Fools/EASTER</b></p> <p><b>8:45- Men's Breakfast Club (FL)</b></p> <p><b>11:15-HYMN SING (CR)</b></p> <p><b>1:30- Easter Social (FL)</b></p>  <p>3:00- Doll Therapy (W)</p> <p>6:15- Sing Along (W)</p> | <p><b>2 Easter Monday</b></p> <p>10:00- Megaformers (LL)</p> <p><b>2:00-ANNE ON PIANO (CR)</b></p> <p>2:30- Life Skills (W)</p> <p>3:15- Colouring (W)</p> <p>3:45- I spy adventure (F)</p> <p>6:15- Hand Massages (W)</p> <p><b>6:30-Nature Movie (CR)</b></p>                                                           | <p><b>3</b></p> <p>9:45- Doll Therapy(W)</p> <p>10:00- Reading with Daycare(L)</p> <p>11:00- Ice Cream Sundae Social (V)</p>  <p>11:00- Crosswords (F)</p> <p>1:15- Life Skills (RR)</p> <p>1:45- Move &amp; Groove (W)</p> <p>2:30- Tongue Twisters (F)</p> <p>3:30- Trivia Tuesday(V)</p> <p>4:00- Sing Along (LL)</p> <p>6:15- Fruit Smoothies Social (L)</p> | <p><b>4</b></p> <p>9:45- Rainy Day Display(W)</p> <p>10:00- Daycare Walks (L/LL)</p> <p>11:00- Glamour Nails (L)</p> <p><b>2:00- BINGO (CR)</b></p> <p>3:00 Poems (W)</p> <p><b>3:15- Wii Bowling League (CR)</b></p> <p>4:00- Bango(F)</p> <p>4:00-Walk 'n Water (RHA)</p> <p>6:15-Sing Along (W)</p> <p><b>6:30- PUB NIGHT WITH TRISTAN ALEXANDER (CR)</b></p>                                                           | <p><b>5</b></p> <p>10:00- Children's Circle (DC) (V)</p> <p>11:00- Crazy For Caramels(F)</p> <p>1:30- UNO(L)</p> <p>2:00 – Spring Craft (RR)</p> <p>3:15- Doll Therapy (W)</p> <p>3:00- Light Yoga(V)</p> <p>3:45- Bean bag Toss(F)</p> <p>4:00-Timeless Trivia (L)</p> <p>6:15- Read To Me(W)</p>  <p><b>6:30- Crosswords (RR)</b></p>              | <p><b>6</b></p> <p>10:00-Basketball with Daycare (CR)(LL)</p> <p>11:00- 4 Pics 1 Word(V)</p> <p>1:45-Spelling Bee(F)</p> <p><b>2:00 – Roman Catholic Communion (CR)</b></p>  <p>3:00-Bean Bag Toss (W)</p> <p>3:45- Colouring (L)</p> <p>4:00 – Crosswords(LL)</p> <p>6:15- Movie Night (W)</p> <p><b>6:30 – Yahtzee (RR)</b></p> | <p><b>7</b></p> <p><b>8:30-Breakfast Club (LL)</b></p> <p>11:00- Dance Party(V)</p> <p>11:15-Concentration Cards (L)</p> <p><b>2:00- BINGO (CR)</b></p>  <p>3:00- Manicures (W)</p> <p>3:30-Friendly Visits (F)</p> <p>3:30- Bird Care (LL)</p> <p>6:15- IPAD Funnies (W)</p>                                                                           |
| <p><b>8</b></p> <p>9:00-Flower tart Baking (LL)</p> <p><b>11:15-HYMN SING(CR)</b></p> <p><b>1:30- Flower Tart Social (FL)</b></p>  <p>3:00- Doll Therapy(W)</p> <p>6:15 Tea Time(W)</p>                             | <p><b>9</b></p> <p>10:00-Crafts with Daycare(RR)(F)</p> <p>11:00-Sort &amp; Fold (V)</p> <p>1:30- Sing Along(L)</p> <p>2:30- Life Skills (W)</p> <p>3:15- Connect Four (W)</p> <p>3:45-Hand Massages (V)</p>  <p>3:45-Chicken Soup for the Soul (LL)</p> <p>6:15- Snoezelen Room (W)</p> <p><b>6:15- EUCHRE (RR)</b></p> | <p><b>10</b></p> <p>10:00-Reading with Daycare (DC) (W)</p> <p>11:00- Food for the Brain Social(F)</p> <p>11:00- Name a Tune (L)</p> <p>1:15- Life Skills (RR)</p> <p><b>2:00- Birthday Party with Pete Sisk (CR)</b></p> <p>3:45-100<sup>th</sup> Day (V)</p> <p>3:45- Hangman(F)</p> <p>4:00- Ball Toss (LL)</p> <p>6:30- Board Games (L)</p>                                                                                                     | <p><b>11 International DAY OF PINK</b></p> <p>10:00- Daycare Walks (V/W)</p> <p><b>2:00 – BINGO (CR)</b></p> <p><b>3:45- Wii Bowling Play Offs (CR)</b></p>  <p>3:00- Balloon Toss (W)</p> <p>4:00- Reading Group (LL)</p> <p>4:00- 4 Pic 1 word (L)</p> <p>6:15-Movie Night (W)</p> <p><b>6:30- PUB NIGHT WITH PAT SERE (CR)</b></p> | <p><b>12</b></p> <p><b>10:00- CASINO NIAGARA OUTING</b></p>  <p>1:30- Glamour Visits(L)</p> <p>2:30- Life Skills (W)</p> <p>2:45- Spring Colours (LL)</p> <p>3:15- Tea Social (F)</p> <p>3:15 –Coloring Group(W)</p> <p>3:15- Drop Everything &amp; Read (V)</p> <p>4:00-Trivia (L)</p> <p>6:15- Hand Massages (W)</p> <p>6:30- Sing along (LL)</p> | <p><b>13</b></p> <p>10:00- Bowling with Daycare (CR)(F)</p> <p><b>11:00- Presbyterian Church Service (CR)</b></p> <p><b>1:45- Spring Movie Matinee (CR)</b></p> <p>3:00- Colouring (W)</p> <p>4:00- Walk through the Rainforest(V)</p> <p>4:00- Making Rice Krispy squares (L)</p> <p>6:15-Movie Night (W)</p> <p>6:30 – Rice Krispies Social (L/LL)</p>                                                             | <p><b>14</b></p> <p><b>8:30-Breakfast Club (L)</b></p>  <p>9:45- Balloon Toss (W)</p> <p>11:00- Move &amp; Groove (F)</p> <p>11:15- Random Trivia (V)</p> <p>11:15-Glamour Nails (LL)</p> <p><b>2:00- BINGO (CR)</b></p> <p>2:15- High Five Tree Collage (L)</p> <p>3:30- Sing Along (O)</p> <p>3:30- Bird Care (V)</p> <p>4:00- Ipad Funnies (W)</p> |

**CODES: HOME AREAS AND THEIR LOCATIONS**

(W) Willoughby Hall 1<sup>st</sup> Floor  
 (V) The Vineyard 1<sup>st</sup> Floor  
 (L) The Legends 2<sup>nd</sup> Floor

(LL) Lundy's Lane 2<sup>nd</sup> Floor  
 (O) The Orchards 3<sup>rd</sup> Floor  
 (F) The Falls 3<sup>rd</sup> Floor

(CH) Chapel 3<sup>rd</sup> Floor  
 (CR) Celebration Room 3<sup>rd</sup> Floor  
 (RR) Rec Room 3<sup>rd</sup> Floor

(DC) Daycare 1<sup>st</sup> Floor  
 (FL) Front Lobby 1<sup>st</sup> Floor  
 (HR) Horticulture Room 3<sup>rd</sup> Floor

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| <p><b>15</b><br/>9:30- Glamour Circle (F)<br/>9:45-Move &amp; Groove (V)<br/><b>11:15-HYMN SING (CR)</b><br/><br/><b>1:30- Spring Time Social (FL)</b><br/>3:00- Crafting (W)<br/>3:15-Music Trivia(L)<br/>3:15- Friendly Visits (LL)<br/>6:15-Balloon Toss (W)</p> | <p><b>16</b><br/>10:00-Crafts with Daycare (RR)(F/O)<br/>11:15- Spelling Bee (V)<br/>1:45- April Stroll (F)<br/><b>2:00-ANNE ON PIANO (CR)</b><br/>2:30- Life Skills (W)<br/>3:00 Balloon Toss (W)<br/>3:15- Jeopardy (F)<br/>4:00- Spring Poems (L)<br/>6:15 Read To Me(W)<br/>6:15- Sharpen Your Senses (LL)</p> | <p><b>17</b><br/>9:45-Doll Therapy (W)<br/>10:00- <b>Anglican Church Service (CH)</b><br/>10:00- Reading with Daycare (W)<br/>11:15- Snoezelen (F)<br/>1:15- Life Skills (RR)<br/><b>2:00-Seniors Science (CR)</b><br/><br/>3:45-Jeopardy (V)<br/>3:45- Friendly Visits (LL)<br/>4:00- Trivia (L)<br/>6:15- UNO (LL)</p> | <p><b>18 *Autism Awareness*</b><br/>10:00- Daycare Walks (V/W)<br/>11:00- Tea Social (F)<br/>1:15- Hand Massages (LL)<br/><b>2:00- BINGO (CR)</b><br/>2:45- Bean Bag Toss (L)<br/>3:00 Ball Toss (W)<br/><b>3:45- Wii Bowling Play Offs (CR)</b><br/>4:00- Pet Therapy (F)<br/>4:00- Memory Cards (LL)<br/>6:15- Sing-a-Long (W)<br/><b>6:30- PUB NIGHT WITH DIANE AND CHRIS (CR)</b></p> | <p><b>19</b><br/><b>10:00- FAIRVIEW MALL OUTING</b><br/><br/>1:15- Hand Massage (L)<br/>2:30-Life Skills (W)<br/>2:45-Pictonary (F)<br/>3:00- Earth Day Craft (W)<br/>6:15-Reading Group (W)<br/>6:30- Traveling Fruit Smoothies (LL)</p>                    | <p><b>20</b><br/>10:00- Basketball with Daycare (CR)(F)<br/><b>11:00- Roman Catholic MASS (CR)</b><br/>1:30- Snack &amp; Chat (V)<br/><b>1:30- Library Experience (RR)</b><br/>2:00 Balloon Tennis (LL)<br/>3:00 -Spring Cleaning Sensory Stim(W)<br/>3:30-Crosswords(L/LL)<br/>4:00 Word Games (F)<br/>6:15 Snoezelen (W)<br/><b>6:30 - Movie Night (CR)</b></p> | <p><b>21</b><br/><b>8:30- Breakfast Club(W)</b><br/>11:00- Nature I Spy (V)<br/>11:00- Friendly Visits (F)<br/><b>2:00- BINGO (CR)</b><br/>3:00- Rain boot Craft(W)<br/>3:15- Bird Care (LL)<br/><br/>3:15-Snoezelen(L)<br/>6:15- Aromatherapy(W)</p> |
| <p><b>22 EARTH DAY</b><br/>9:30- Earth Day Family Feud(RR)<br/><b>11:00-HYMN SING (CR)</b><br/><b>1:45- April showers EARTHDAY Social(FL)</b><br/><br/>3:00- Songs of Worship(W)<br/>6:15 Megaformers (W)</p>                                                    | <p><b>23</b><br/>10:00-Crafts with Daycare(RR)(L/LL)<br/>11:00-Cherry Cheesecake Social(V)<br/><b>1:45- A Trip to the Rainforest (CR)</b><br/>2:30- Life Skills (W)<br/>3:00- IPAD Games (W)<br/>3:30-Walking Adventures (V)<br/>3:45- Baggo (F/O)<br/>6:15- Leisure Walks(W)<br/><b>6:30- EUCHRE (RR)</b></p>     | <p><b>24</b><br/>9:45- Montessori (W)<br/>10:00 Reading with Daycare (V)<br/><b>10:00- RESIDENT'S COUNCIL (CR)</b><br/>11:00- Washer Toss (LL)<br/>1:15- Life Skills (RR)<br/>1:30- Yahtzee(F/O)<br/>2:00- Music Trivia (L)<br/>3:30- Chicken Soup (V)<br/>3:45- Colouring Group (W)<br/>4:00- A Word in a Word Game (L)</p>                                                                               | <p><b>25</b><br/>10:00-Daycare Walks (L/LL)<br/>11:00- Cranium Crunches(V)<br/><b>2:00- BINGO (CR)</b><br/>3:30- Sing Along (W)<br/><b>3:45- Wii Bowling Play Offs (CR)</b><br/>4:00- Category Trivia(L/LL)<br/>4:00- Bango (F/O)<br/><b>6:30- PUB NIGHT WITH DAN AND MARK (CR)</b></p>                                                                                                   | <p><b>26</b><br/>9:45- Word Games(V)<br/>10:00-Children's Circle (F/O)<br/><b>11:00- Manicures (L)</b><br/><b>12:15-TAKE OUT LUNCH 3rd FLOOR (CR)</b><br/>2:00- Comparatively Speaking (LL)<br/>2:30- Life Skills(w)<br/>3:00- Math Games(W)<br/>3:45-Sing Along (V)<br/>3:30-Crafts (RR)<br/>6:15- Manicures (W)<br/>6:30- Sing Along (LL)</p> | <p><b>27</b><br/>10:00- Dance Party with Daycare(CR)(F/O)<br/>11:00- Ball Toss (LL)<br/><b>2:00- QUARTER BINGO (CR)</b><br/>3:00-Tree Craft(W)<br/>3:45-Discussion Group(V)<br/>4:00- Branching Out Word Game (LL)<br/>6:15- Matching Games (W)<br/>6:30 - Tea Social (L)</p>                                                                                     | <p><b>28</b><br/>9:45- Exercises (W)<br/><b>10:00- MOVIE AND LUNCH OUTING</b><br/>11:00 - Forest Funnies(V)<br/>2:00 - Matching Games(L)<br/>3:00- Big Ball (W)<br/>3:00- Sing Along (F/O)<br/>3:00- Bird Care (V)<br/>4:00- Uno (LL)<br/>6:15- Read To Me(W)</p>                                                                        |
| <p><b>29</b><br/>8:45- <b>Men's Breakfast Club (FL)</b><br/><b>11:15-HYMN SING (CR)</b><br/><b>1:30- Sunday Social (FL)</b><br/>3:00-Colouring Group(W)<br/><b>3:30 Belly Dancing with Suzie (CR)</b><br/>6:15- Movie Night(W)</p>                                                                                                                  | <p><b>30</b><br/>10:00-Crafts with Daycare (RR)(F/O)<br/>11:15- Spelling Bee(V)<br/><b>2:00- Madagascar Travelogue (CR)</b><br/>2:30 Life Skills (W)<br/>3:00 Detectives(W)<br/>3:45- Ring Toss (F/O)<br/>4:00- Ball Toss(L)<br/>6:15 Short Stories(W)<br/><b>6:15- Making Calendar Picture Books (LL)</b></p>     | <p><b>April showers will bring May flowers</b></p>                                                                                                                                                                                                                                                                                                                                                         |                                                                                                                                                                                                                                                                                                                                                                                           |                                                                                                                                                                                                                                                                                                                                                 | <p><b>BUS OUTINGS</b></p> <p><b>April 12<sup>th</sup></b><br/>Casino Niagara</p> <p><b>April 19<sup>th</sup></b><br/>Fairview Mall</p> <p><b>April 28<sup>th</sup></b><br/>Cineplex Movies &amp; Lunch</p>                                                                                                                                                        | <p>If you are interested in attending Recreation Bus Outings please contact the Recreation Staff at Ext. 728</p>                                                                                                                                    |

# Special Events

April 1<sup>st</sup> ... April Fools Day  
April 1<sup>st</sup> ... Easter Social  
April 2<sup>nd</sup> ... Anne On Piano  
April 4<sup>th</sup> ... Pub Night with Tristan  
April 8<sup>th</sup> ... Flower Tart Social  
April 9<sup>th</sup> ... Euchre  
April 10<sup>th</sup> ... Birthday Party with Pete Sisk  
April 11<sup>th</sup> ... International Day of PINK  
April 11<sup>th</sup> ... Pub Night with Pat Serre  
April 13<sup>th</sup> ... Spring Movie Matinee  
April 17<sup>th</sup> ... Seniors Science

April 18<sup>th</sup> ... Pub Night with Diane & Chris  
April 20<sup>th</sup> ... Library Experience  
April 22<sup>nd</sup> ... Earth Day Social  
April 23<sup>rd</sup> ... A Trip to the Rainforest  
April 24<sup>th</sup> ... Resident's Council Meeting  
April 25<sup>th</sup> ... Pub Night with Dan & Mark  
April 26<sup>th</sup> ... Take Out Luncheon (3<sup>rd</sup> floor)  
April 27<sup>th</sup> ... Quarter Bingo  
April 29<sup>th</sup> ... Belly Dancing with Suzie  
April 30<sup>th</sup> ... Madagascar Travelogue



# April 2018

## Spiritual Programs

April 6<sup>th</sup> Roman Catholic Communion

April 13<sup>th</sup> Presbyterian Church Service

April 17<sup>th</sup> Anglican Church Service

April 20<sup>th</sup> Roman Catholic Mass

*Please be sure to join us on the 3<sup>rd</sup> Floor every Sunday morning at 11:00am for our Hymn Sing*





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www.bellaseniorcare.com

RESTORATIVE SERVICES/PROGRAMS

We believe that each resident at Bella Senior Care Residence has the right to be involved in his or her care, make decisions, and to have the services available to him or her to maintain the highest level of mental, physical, and psychosocial function he or she desires. This involves the recognition of each individual's uniqueness, and his or her capabilities and possibilities, despite some impairment or disability.

Restorative Nursing includes the prevention of complications, teaching lost skills or teaching a new way of doing useful skills, preventing decline, teaching the use of assistive devices and maintaining existing functional ability.

Restorative Procedures involve the skills needed for daily living called Activities of Daily Living (ADLs). ADLs include communication, eating, grooming, dressing, bathing, walking, transferring and toileting. Our goal is to enable each resident to become as independent as possible.

This is a basic change in our philosophy of providing Restorative Services to our residents. Restorative Programs are now provided to each resident based upon their specific needs and desires. Residents are assessed by our Restorative Care Team and individualized programs are put in place to assist the resident to reach their highest level of functioning. The Restorative Programs are offered to residents on a daily basis based on their assessed needs.

Our Restorative Team includes:

- Restorative Nurse
- 2 full time Restorative Aides
- 2 part time Restorative Aides

If you have questions about restorative services being offered please speak with the Team Leader or the Restorative Care Staff.

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